



LAKESIDE
Implant & Oral Surgery
Dr. Peter J. Pangilinan

Before Intravenous Anesthesia Sedation

- We require patients have **NOTHING** to eat or drink (including water) for 8 hours prior to the appointment. This is a critical aspect to your surgical safety.
- No smoking for at least 12 hours before surgery. Ideally, cut down or stop smoking as long as possible prior to the day of surgery.
- A responsible adult (18 years or older) must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. He/she will be required to sign an Acknowledgement Form.
- Your driver will be asked to wait in our waiting room while you are in the procedure. They will rejoin you in the recovery area.
- Minor patients must have a parent or legal guardian present.
- The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.
- Please wear loose fitting clothing with sleeves which can be rolled up past the elbow.
- **No pictures or recording of patient before or after surgery.**
- Contact lenses, jewelry (including facial and oral piercings), and dentures must be removed prior to surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery. **Acrylic and gel nail polish must be removed before surgery.**
- If you have an illness such as a cold, sore throat, stomach or upset bowels, please notify the office.
- If you take routine oral medications, please take as directed with the least amount of water possible, unless otherwise instructed.